



Michigan  
Senior  
Olympics

# TRACK & FIELD

## AGES 50+

**Location: OAKLAND UNIVERSITY**  
758 Pioneer Dr., Rochester, MI 48309

**Age Groups: 50-54, 55-59, 60-64, 65-69, 70-74,  
75-79, 80-84, 85-89, 90-94, 95-99, 100+**

*50M, 100M, 200M, 400M, 800M, 1500M, Discus, Shot Put,  
High Jump, Javelin, Long Jump, Triple Jump, Pole Vault,  
Hammer Throw, Racewalk & Powerwalk 1500M & 5K*

**How to Register: Please call 248-608-0250 or  
visit our website at  
[www.michiganseniorolympics.org](http://www.michiganseniorolympics.org)**

**REGISTRATION DEADLINE: JULY 21, 2024**

# **AUGUST 18, 2024**