

POWERLIFTING COMPETITION

M

**DETROIT
MUSCLE**

GYM



**Michigan
Senior
Olympics**

**AGES
50+**

SATURDAY, AUG. 3RD

BENCH PRESS & DEADLIFT

WEIGH-IN FROM 8-9AM

EVENT STARTS AT 10AM

Location: Detroit Muscle Gym

736 Junction St, Plymouth, MI 48170

Athletes will be awarded based on 5 year age groups and weight divisions.

How to Register: Please call 248-608-0250 or visit: www.michiganseniorolympics.org

*****Qualifier for the 2025 National Senior Games in Des Moines, Iowa*****

Michigan Senior Olympics is a 501 (c) 3 non-profit organization.